Strides TORONTO — Helping children, youth and families thrive

OCTOBER CALENDAR 2026

NEWCOMER YOUTH ENGAGEMENT PROGRAM





Monday	Tuesday	Wednesday	Thursday	Friday
			1 FALLING FOR TOTES: SIP & PAINT 3:45 PM—5:45 PM	2 STAFF COMMUNITY OUTREACH @ ACSA COMMUNITY SERVICES (NETLIP MEETING)
5	6 PLANT & POT STUDIO WORKSHOP 3:45 PM—5:45 PM	7 HORCHATA MAGIC: A TASTE OF LATIN AMERICA 3:45 PM—5:45 PM	8 FROM WALK-IN TO SPECIALIST: ONTARIO HEALTHCARE DECODED 3:45 PM—5:45 PM	9
12 STRIDES TORONTO CLOSED THANKSGIVING DAY	13	14 NYEP DROP-IN BRING A FRIEND 3:45 PM—5:45PM	15 CANADIAN MAPLE CRUNCH: FROM OATS TO AWESOME 3:45 PM—5:45 PM	16
19	20 STAFF COMMUNITY OUTREACH @ STEPHEN LEACOCK COLLEGIATE INSTITUTE (PARENTS & TEACHERS' NIGHT)	21 LEAF ART & PRESSING WORKSHOP 3:45 PM—5:45 PM	22	23 24 NYEP GOES TO MOCA 11:00 AM—3:00 PM
26	27 STAFF COMMUNITY OUTREACH @ WESTHILL C.I. AND LESTER PEARSON C.I. (PARENTS & TEACHERS' NIGHT)	28 CITIZENSHIP 101: FROM PR TO CANADIAN CITIZEN 3:45 PM—5:45 PM	29 SPARKLE & SHINE: DIWALI CRAFT WORKSHOP 3:45 PM—5:45 PM	30

ELIGIBILITY:

- ⇒ Newcomer youth (12-21 yrs.)
- ⇒ Permanent Resident / Convention Refugee Status

CONTACT US:

416-438 3697
Reception: ext. 0

Tanya: 647-389-7654
Patria: 437-446-7872

Volunteer hours offered for highlighted programs

United Way Greater Toronto

Funded by: Immigration, Refugees and Citizenship Canada

Financé par : Immigration, Réfugiés et Citoyenneté Canada

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YOUNG AND NEW TO CANADA?

YOU'RE NOT ALONE!

FREE!

FALLING FOR TOTES: SIP & PAINT

Fall into creativity and join us for a fun-filled afternoon of sipping, painting, and designing your very own fall-inspired tote bag. Enjoy the autumn vibes while connecting with fellow youth and leave with a one-of-a-kind tote you'll love to carry!

PLANT & POT STUDIO WORKSHOP

Get creative and let your ideas grow in this workshop! Paint and personalize your very own pot, then plant something special to take home and nurture. Connect, create, and add a little more green to your day! Volunteer hours guaranteed.

HORCHATA MAGIC: A TASTE OF LATIN AMERICA

Discover the delicious flavours and traditions behind this refreshing rice-based drink! Get hands-on as you mix, create, and enjoy your very own horchata while celebrating the vibrant diversity of Latin American culture. Sip, connect, and celebrate Latin American Heritage Month!

FROM WALK-IN TO SPECIALIST: ONTARIO HEALTHCARE DECODED

Curious about how healthcare works in Ontario and where to go when you need care? Join us here and learn how to navigate healthcare services, understand your options, and find the right resources. Ask questions, get informed, and feel more confident accessing healthcare in your community! Volunteer hours provided.

NYEP DROP-IN: BRING A FRIEND

Enjoy a fun, welcoming space to connect, participate, and meet new people! Bring an eligible friend and earn volunteer hours with surprise prizes up for grabs. Hang out, get involved, and see what surprises are waiting for you!

CANADIAN MAPLE CRUNCH: FROM OATS TO AWESOME

Celebrate a true Canadian favourite in this hands-on workshop where we'll turn delicious 100% Canadian maple syrup into a sweet, crunchy oat treat while learning about the maple tradition that Canada is famous for. Mix, create, and have a little taste of Canada—then take your maple-inspired creation home!

LEAF ART & PRESSING WORKSHOP

Bask in the beauty of Canadian autumn and be creative in this nature-inspired session. Collect colorful fall leaves, learn how to press them, and turn them into your own unique artwork. Breathe in the crisp fall air, unleash your creativity, and take home a beautiful piece of Canada's autumn season!

NYEP GOES TO MOCA

Get ready to experience contemporary art at Museum of Contemporary Art! It is a fun weekend museum adventure where we'll explore inspiring artwork, discover new perspectives, and connect with fellow youth. Let's experience the art of Toronto together!

CANADIAN CITIZENSHIP 101: FROM PR TO CANADIAN CITIZEN

Ready to learn more about the journey from Permanent Resident to Canadian Citizen? Gain volunteer hours and discover the application process, eligibility requirements, citizenship test, and what to expect along the way. Get informed, ask questions, and take the next step toward understanding your Canadian citizenship journey!

SPARKLE & SHINE: A DIWALI CRAFT WORKSHOP

Help us get ready for our Diwali celebration on November 5th! This is a fun, hands-on craft workshop where you'll create beautiful decorations that will be featured at the celebration while learning about the traditions of the Festival of Lights. Volunteer hours will be provided, so craft, connect, give back, and make our Diwali celebration shine!

LOCATION:

100 Consilium Place,
Suite 102—Ground Floor

FREE Shuttle Bus Provided:
Scarborough Town Centre
(Gate 5) ⟷ (Gate 6)
Consillium Place
Please inquire for shuttle schedule
Gate changes according to hour

TRANSIT INFORMATION:

Buses from STC Mall:
129A/B; 130; 131; 132; 134B/D; 169A/B get off at ***McCowan Rd at 300 Consilium Pl*** *(STOP #:16529)*

Intersections—Walking point of references:
McCowan & Ellesmere | Progress & Consillium | Triton & McCowan | Grangeway Ave. & Ellesmere | Town Centre Court & McCowan

MESSAGE US:

Instagram
@nyep_stridesto

Email:
nyep@stridestoronto.ca

Website:
www.stridestoronto.ca

Funded by: Immigration, Refugees and Citizenship Canada
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United Way Greater Toronto