

# SEPTEMBER

# CALENDAR 2026

## NEWCOMER YOUTH ENGAGEMENT PROGRAM



### ELIGIBILITY:

- ⇒ Newcomer youth (12-21 yrs.)
- ⇒ Permanent Resident / Convention Refugee Status



### CONTACT US:

416-438 3697  
Reception: ext. 0

Tanya: 647-389-7654  
Patria: 437-446-7872

| Monday                                                       | Tuesday                                                                          | Wednesday                                                                                             | Thursday                                                                    | Friday                                                             |
|--------------------------------------------------------------|----------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------|--------------------------------------------------------------------|
|                                                              | <sup>1</sup><br>FIND US AT SIR OLIVER MOWAT C.I.<br>FOR GRADE 9 ORIENTATION DAY! | <sup>2</sup>                                                                                          | <sup>3</sup>                                                                | <sup>4</sup><br>YMBG BARBER AND CHAT<br>12:00 PM—4:00PM            |
| <sup>7</sup><br>STRIDES TORONTO CLOSED<br>LABOUR DAY         | <sup>8</sup>                                                                     | <sup>9</sup>                                                                                          | <sup>10</sup><br>SECURE THE BAG OR BE THE BAIT?<br>3:45 PM—5:45PM           | <sup>11</sup>                                                      |
| <sup>14</sup><br>NYEP BACK 2 SCHOOL DROP IN<br>4:00PM—6:00PM | <sup>15</sup><br>CHEF IT UP: DIY BUBBLE TEA<br>3:45 PM—5:45PM                    | <sup>16</sup>                                                                                         | <sup>17</sup><br>ORGANIZED-ISH A TIME MANAGEMENT WORKSHOP<br>3:45 PM—5:45PM | <sup>18</sup>                                                      |
| <sup>21</sup><br>PLANT AND POT WORKSHOP<br>3:45 PM—5:45PM    | <sup>22</sup><br>PUMPKIN SPICE AND TOTE-ALLY CUTE BAG PAINTING<br>3:45 PM—5:45PM | <sup>23</sup><br>STRIDES TORONTO ANNUAL GENERAL MEETING (NYEP STAFF ONLY)<br><br>NO PROGRAMS THIS DAY | <sup>24</sup>                                                               | <sup>25</sup><br>STRIKE NIGHT: NYEP GOES BOWLING<br>4:00 PM—6:00PM |
| <sup>28</sup>                                                | <sup>29</sup><br>GATHER AND GRAZE FALL SNACK BOARD MAKING<br>4:00 PM—6:00PM      | <sup>30</sup>                                                                                         |                                                                             |                                                                    |

\*Volunteer hours offered for highlighted programs\*

# YOUNG AND NEW TO CANADA? YOU'RE NOT ALONE!

**FREE!**

## YMBG BARBER AND CHAT

Fresh cuts, real conversations, and good vibes! Join the Young Men and Boys Group for a grooming session where you can get a fresh look while connecting with peers in a supportive, welcoming space. Unwind, chat about what matters to you, and build community together.

## SECURE THE BAG OR BE THE BAIT?

Don't fall for online tricks! Join this interactive workshop to learn how to spot financial scams, protect your personal information, and keep your hard-earned money safe. Build the digital confidence you need to secure your future without getting caught in a trap.

## NYEP BACK 2 SCHOOL DROP IN

Kick off the new school year with the NYEP community! Drop in to catch up with old friends, meet new ones, play games, and ease into the school season in a relaxed, welcoming environment. Let's make this school year your best one yet!

## CHEF IT UP: DIY BUBBLE TEA

Why buy bubble tea when you can craft your own? Learn how to mix, brew, and customize your favorite boba flavors from scratch using fun, simple ingredients. Come satisfy your sweet tooth, hang out with friends, and add a refreshing new skill to your kitchen lineup!

## ORGANIZED-ISH: A TIME MANAGEMENT WORKSHOP

Stop feeling overwhelmed and start taking control of your schedule! Learn practical ways to manage your

homework, balance daily priorities, and build daily routines that actually work for you. Say goodbye to last-minute stress and hello to a smoother school year.

## PLANT AND POT WORKSHOP

Get your hands dirty and bring some green energy into your room! Decorate your own custom plant pot and learn how to nurture a houseplant of your own. Connect with nature, express your creativity, and take home a growing reminder of your personal growth.

## PUMPKIN SPICE AND TOTE-ALLY CUTE BAG PAINTING

Embrace the fall season with a cozy, creative afternoon! Express your unique artistic style by painting your own tote bag while enjoying seasonal autumn vibes. Show off your custom bag everywhere you go while connecting with fellow youth!

## STRIKE NIGHT: NYEP GOES BOWLING

Lace up your bowling shoes and get ready for a fun night at the lanes! Enjoy a little friendly competition, cheer on your peers, and score some strikes (or spares!). Come out for a great evening of community, laughter, and fun.

## GATHER AND GRAZE: FALL SNACK BOARD MAKING

Elevate your snacking game this autumn! Learn how to curate and assemble beautiful, tasty snack and charcuterie boards featuring seasonal fall flavors. Discover creative food presentation techniques and share a delicious experience with new friends!

### LOCATION:

100 Consilium Place,  
Suite 102—Ground Floor

### FREE Shuttle Bus Provided:

Scarborough Town Centre  
(Gate 5) ↔ (Gate 6)  
Consilium Place

*Please inquire for shuttle schedule  
Gate changes according to hour*

### TRANSIT INFORMATION:



#### Buses from STC Mall:

129A/B; 130; 131; 132; 134B/D; 169A/B get off at  
**McCowan Rd at 300 Consilium Pl (STOP #:16529)**

#### Intersections—Walking point of references:

McCowan & Ellesmere | Progress & Consilium  
| Triton & McCowan | Grangeway Ave. &  
Ellesmere | Town Centre Court & McCowan

### MESSAGE US:

**Instagram**  
@nyep\_stridesto

**Email:**  
nyep@stridestoronto.ca

**Website:**  
www.stridestoronto.ca



**United Way**  
Greater Toronto



Funded by:

Immigration, Refugees  
and Citizenship Canada

Financé par :

Immigration, Réfugiés  
et Citoyenneté Canada